

**ROUTE INFORMATION**

- Start location: Ryde or Brading
- Difficulty: **Moderate**
- Ride distance: 15 miles
- Places to stop for food & drink
- Viewing & rest stops on route

**KEY**

- Cycle Route on road
- Cycle Route off road
- Cycleway



## Ryde to Brading

Skirt the Island's coastline through the little Edwardian resort of Seaview and surprisingly large village of Bembridge to historic Brading before returning along roads and county lanes.

Lots of opportunities for a swim and pit stop en route.

